

LATKES LATKES GOOD TO EAT A CHANUKAH STORY Latest Edition

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Celebrating Hanukkah involves many cherished traditions, from lighting the menorah to playing dreidel. Among these, one of the most beloved and delicious is the preparation and enjoyment of latkes. These crispy potato pancakes are more than just a tasty treat; they carry a rich history and cultural significance that makes them an essential part of Hanukkah celebrations. In this article, we will explore the story behind latkes, why they are considered good to eat during Hanukkah, and how they have become a symbol of resilience, tradition, and festivity.

The Origins of Latkes and Their Connection to Hanukkah

Historical Roots of Latkes

Latkes, also known as potato pancakes or latkes, have a deep historical significance rooted in Jewish tradition. Although their modern form, made primarily from potatoes, became popular in Eastern Europe, their origins trace back to ancient times when batter-based pancakes were common across many cultures.

The connection between latkes and Hanukkah is particularly tied to the story of the Maccabees and the miracle of the oil. When the Jewish people reclaimed the Second Temple in Jerusalem, they found only a small amount of ritually pure olive oil to light the menorah. Miraculously, this oil lasted eight days, enough time to prepare and consecrate more oil.

Latkes are believed to symbolize this miracle because they are fried in oil, reminding everyone of the miracle of the oil's endurance. Frying in oil is a way to commemorate that divine event, making latkes a traditional Hanukkah food.

The Evolution of Latkes in Jewish Culture

While early latkes were made from other ingredients like cheese or vegetables, the potato latke has become the most popular version today, especially in Ashkenazi Jewish communities. This adaptation occurred in Eastern Europe during the 19th century when potatoes became a dietary staple.

The adaptability of latkes allowed them to be made with simple ingredients, making them accessible

and affordable. Over generations, families added their own touches?such as onions, apples, or spices?enhancing the flavor and making latkes a festive dish for Hanukkah.

Why Latkes Are Good to Eat During Hanukkah

Nutritional Benefits of Latkes

Although fried foods are often considered indulgent, latkes can be part of a balanced diet when prepared thoughtfully. They provide several nutritional benefits:

- **Carbohydrates:** Potatoes are a good source of complex carbohydrates, providing energy for celebrating the festival.
- **Vitamins and Minerals:** Potatoes contain vitamin C, potassium, and fiber, contributing to a healthy diet.
- **Protein:** Adding eggs and onions to the batter increases protein content and flavor.

To make latkes healthier, some families bake them instead of frying or use healthier oils like olive oil.

Symbolic Significance

Eating latkes during Hanukkah is a tradition that symbolizes the miracle of the oil, resilience, and the Jewish people's enduring faith. The crispy texture and golden color evoke the glow of the menorah's candles, reinforcing the festive atmosphere.

Latkes serve as a reminder of the perseverance of the Jewish people through adversity. Sharing them during Hanukkah reinforces community bonds and cultural identity.

Enhancing the Festive Spirit

Cooking and eating latkes is a joyful activity that brings families and communities together. The process of making latkes:

- Preparing the ingredients?grating potatoes and onions, mixing batter.
- Frying the latkes to golden perfection.
- Sharing the delicious results with loved ones.

This communal experience embodies the spirit of Hanukkah?celebration, gratitude, and togetherness.

Classic and Creative Latke Recipes for Hanukkah

Traditional Potato Latkes

The classic recipe remains a favorite for many:

- **Ingredients:** Potatoes, onions, eggs, flour or matzah meal, salt, pepper, oil for frying.
- **Preparation:** Grate potatoes and onions, drain excess moisture, mix with beaten eggs and flour, form into patties, and fry until crispy.

Sweet Variations and Creative Twists

To add variety to your Hanukkah table, consider these creative latke ideas:

- **Apple Latkes:** Incorporate grated apples for a sweet and savory flavor.
- **Cheese Latkes:** Add shredded cheese like cheddar or Swiss for a rich taste.
- **Vegetable Latkes:** Use carrots, zucchini, or sweet potatoes for colorful and nutritious options.
- **Spiced Latkes:** Season with cinnamon, nutmeg, or paprika for extra flavor.

Serving Suggestions and Accompaniments

Traditional Toppings

Latkes are often served with:

- **Sour Cream:** A classic topping that adds cool creaminess.
- **Applesauce:** Offers a sweet contrast to crispy latkes.
- **Chive or Herb Garnish:** Adds freshness and flavor.

Complementary Dishes

Pair latkes with other Hanukkah favorites:

- Brisket or roasted meats
- Jewish salads like chopped liver or beet salad
- Sweet treats such as sufganiyot (jelly-filled donuts)

Tips for Perfect Latkes Every Time

Choosing the Right Potatoes

For crispy latkes, starchy potatoes like Russets are ideal because they fry up golden and hold together well.

Preparing the Batter

- Drain excess moisture from grated potatoes to prevent sogginess.
- Mix the batter thoroughly to distribute ingredients evenly.
- Use a hot oil temperature (around 350°F or 175°C) for optimal frying.

Cooking and Serving

- Fry in batches to maintain temperature.
- Keep latkes warm in a low oven if making in advance.
- Serve immediately for the best crispiness.

Celebrating Hanukkah with Latkes

Latkes are more than just a dish—they are a symbol of hope, perseverance, and joy. Making and sharing latkes during Hanukkah helps preserve cultural traditions and pass down stories from generation to generation.

Hosting a latke-making party can be a wonderful way to engage family and friends, teach children about Hanukkah's history, and enjoy delicious food together. Remember, the act of frying in oil and sharing these treats embodies the very spirit of the holiday.

Conclusion

Latkes are truly good to eat during Hanukkah because they encapsulate the holiday's themes of miracle, resilience, and community. Their crispy texture, savory flavor, and cultural significance make them an essential part of Hanukkah celebrations. Whether enjoyed in traditional form or with creative twists, latkes bring warmth, joy, and a sense of connection to Jewish heritage. So this Hanukkah, gather your loved ones, light the menorah, and indulge in the delicious tradition of latkes—latkes latkes good to eat a Hanukkah story that celebrates faith, family, and festive flavors.

Latkes Latkes Good to Eat: A Chanukah Story

As the festive season of Chanukah unfolds, families and communities gather to celebrate with traditions that have been passed down through generations. Central to the holiday's culinary customs are the beloved latkes—crispy, golden potato pancakes that symbolize the miracle of the oil. But beyond their delicious taste, latkes hold a rich cultural and historical significance, serving as a unifying symbol of resilience, faith, and community. This investigative exploration delves into the origins of latkes, their cultural evolution, the art and science behind perfecting them, and their enduring place in Chanukah celebrations worldwide.

The Historical Roots of Latkes: From Antiquity to Modern Celebrations

Origins in Ancient Civilizations

The concept of frying foods during festivals is ancient and widespread, with parallels found in various cultures. However, the specific tradition of latkes as we know them today traces back to Jewish communities in Eastern Europe. Historically, during the time of the Maccabees and the subsequent Jewish revolt against the Seleucid Empire (2nd century BCE), the Jewish people faced periods of hardship and persecution.

The miracle of Chanukah—the oil that lasted eight days—became a central narrative commemorated through various customs, including the lighting of menorahs and the eating of foods fried in oil. Latkes, or potato pancakes, emerged in this context as a way to honor the miracle, with the frying process symbolizing the enduring flame of faith.

The Evolution of the Latke Recipe

Initially, latkes were made with a variety of ingredients, including cheese, apples, and nuts, depending on local customs and available resources. It was only in the 19th century, after the introduction of the potato into Eastern Europe from the Americas, that the potato latke became prevalent. Potatoes offered an affordable and filling ingredient, making latkes accessible to many Jewish families.

Over time, recipes diversified, incorporating onions, apples, and other additions, but the core concept remained: a fried, crispy, savory pancake that celebrates resilience.

Significance of Latkes in Chanukah Traditions

Symbolism and Cultural Identity

Latkes are more than just a festive food; they embody cultural identity and historical remembrance. They serve as edible symbols of the miracle of oil—reminding communities of perseverance and

faith. The act of frying latkes in oil during Chanukah is a deliberate homage to the miracle, turning culinary tradition into a ritual of remembrance.

Community and Family Bonding

Preparing and sharing latkes fosters community bonding. Families often gather in the kitchen, passing down recipes and techniques, reinforcing cultural ties. Community events, such as latke festivals and contests, further elevate the dish's communal significance, transforming simple cooking into communal celebration.

The Art and Science of Making the Perfect Latke

Ingredients and Variations

While traditional recipes emphasize potatoes and onions, modern variations include:

- Sweet potatoes for a sweeter flavor
- Zucchini or carrots for added nutrition
- Gluten-free options with alternative binders
- Incorporation of herbs and spices like dill, pepper, or garlic

Basic ingredients include:

- Potatoes (Russet or Yukon Gold)
- Onions
- Eggs
- Flour or matzah meal
- Salt and pepper
- Oil for frying

Techniques for Optimal Texture and Flavor

Achieving the quintessential crispy exterior and tender interior requires attention to detail:

- Grating: Use a fine grater for uniformity, and consider using a food processor for efficiency.
- Removing Excess Moisture: Squeeze grated potatoes and onions to eliminate excess liquid, preventing sogginess.
- Binding: Eggs and flour/matzah meal act as binders; adjusting quantities ensures the latkes hold

together.

- Frying Temperature: Maintain oil at approximately 350°F (175°C) to achieve crispness without burning.
- Frying Method: Use a deep-fryer or a shallow pan with enough oil to submerge at least half of the latke.
- Draining: Place cooked latkes on paper towels to remove excess oil, keeping them crispy.

Common Challenges and Troubleshooting

- Soggy Latkes: Result from excess moisture or insufficient oil temperature; ensure thorough squeezing and proper frying temperature.
- Uneven Cooking: Use consistent-sized portions and flip latkes carefully.
- Burning: Maintain oil temperature and monitor frying closely.

Global Variations and Contemporary Trends

Regional Twists on a Classic

Different Jewish communities have adapted latkes to local tastes and ingredients:

- American Version: Often thicker and served with applesauce or sour cream.
- Eastern European: Thinner, crispier, with added herbs.
- Israeli: Incorporate spices or serve with fresh salads.
- Sephardic and Mizrahi: Use sweet potatoes or plantains due to regional availability.

Modern Innovations and Dietary Adaptations

Today's culinary landscape sees inventive takes on latkes:

- Vegetarian and Vegan Options: Using flaxseed or chia seed as egg substitutes.
- Health-Conscious Variants: Baking instead of frying, or using air fryers.
- Fusion Flavors: Incorporating curry spices, cheese, or even kimchi for a fusion twist.

Latkes in Popular Culture and Media

Latkes have permeated popular culture, symbolizing holiday cheer and culinary tradition. From children's books to holiday specials, the dish embodies warmth and familial bonds. Food bloggers and chefs often showcase innovative recipes, emphasizing the versatility and timeless appeal of

latkes.

In recent years, social media has amplified the latke narrative, with viral videos demonstrating inventive techniques and flavor combinations, further cementing its place in modern holiday celebrations.

Conclusion: A Culinary Tradition That Transcends Time

The enduring popularity of latkes during Chanukah underscores their significance beyond mere sustenance. They are a celebration of history, faith, and community—a delicious reminder of perseverance against adversity. Whether prepared traditionally or with modern twists, latkes continue to bring people together, nourishing both body and spirit.

As families and communities gather around their stovetops and dining tables, the simple act of frying latkes transforms into a powerful ritual. The crisp, golden bites serve as edible symbols of hope, resilience, and the enduring light of faith. In the story of latkes, good to eat and full of meaning, we find a reflection of the enduring spirit of Chanukah itself.

Question Why are latkes traditionally eaten during Chanukah? **Answer** Latkes are traditionally eaten during Chanukah to commemorate the miracle of the oil, symbolizing the miracle that one jar of sacred oil lasted eight days. Their fried preparation in oil reflects this historical event. Are latkes considered a healthy food to eat during Chanukah? Latkes are delicious but typically fried and high in calories. While they are a festive treat during Chanukah, it's best to enjoy them in moderation as part of a balanced diet. What are some popular variations of latkes for Chanukah? Popular variations include sweet potato latkes, zucchini latkes, and even gluten-free versions using alternative flours. Some families add ingredients like onions, apples, or spices for extra flavor. Can latkes be made ahead of time for Chanukah celebrations? Yes, latkes can be prepared ahead of time and kept warm in the oven or reheated just before serving. Freezing cooked latkes is also an option for easy preparation during the holiday. Is eating latkes a good way to teach children about Chanukah stories? Absolutely! Making and eating latkes can be a fun, hands-on way to engage children in learning about the Chanukah miracle and the significance of the holiday's traditions. What makes latkes a good food to enjoy during the Chanukah story and celebrations? Latkes are a symbol of the miracle of oil and the triumph of light over darkness, making them a meaningful and festive food that enhances the celebratory spirit of Chanukah stories and gatherings.

Related keywords: latkes, Hanukkah, holiday traditions, Jewish cuisine, fried foods, menorah, menorah lighting, Hanukkah story, festive recipes, traditional dishes

36 Candles Chassidic Tales For Chanukah

36 candles chassidic tales for chanukah

Chanukah, also known as the Festival of Lights, is a time of celebration, miracles, and rich storytelling within the Jewish community. Among the most cherished traditions during this holiday are the chassidic tales—stories that convey profound spiritual lessons, historical truths, and the enduring spirit of faith. One of the most popular collections of these stories features 36 candles chassidic tales for Chanukah, each illuminating different aspects of the holiday's themes: perseverance, faith, divine miracles, and the power of unity.

This article provides a comprehensive overview of these tales, their significance, and how they can inspire both young and old during the festival of lights.

Understanding the Significance of Chassidic Tales for Chanukah

What Are Chassidic Tales?

Chassidic tales are stories rooted in the mystical and spiritual traditions of the Chassidic movement, which emerged in Eastern Europe in the 18th century. These stories often feature righteous figures, miracles, and moral lessons that aim to deepen one's faith and understanding of divine principles.

The Role of Tales in Chanukah Celebrations

During Chanukah, storytelling serves as a vital way to connect generations, reinforce the holiday's themes, and inspire hope and resilience. The 36 candles chassidic tales are particularly meaningful because they encapsulate the essence of the miracle of the oil, the victory of the Maccabees, and the enduring light of faith.

The Symbolism of 36 Candles in the Context of Chanukah

Why 36 Candles?

The number 36 holds mystical significance in Jewish tradition, often associated with the "Lamed Vav Tzadikim"—the 36 righteous individuals whose merit sustains the world. In the context of these tales, the 36 candles symbolize the hidden righteous and the divine sparks that illuminate the darkness, much like the candles of Chanukah.

The Light as a Metaphor

Each candle represents a story—each illuminating a different facet of faith, perseverance, and divine intervention. Together, they form a luminous tapestry that teaches and inspires.

Overview of the 36 Chassidic Tales for Chanukah

The collection of 36 tales encompasses a variety of themes, characters, and lessons. Below is an overview of some of the most prominent stories and their messages:

- The Miracle of the Oil

- Storyline: A small jar of pure oil lasting eight days during the rededication of the Holy Temple.
- Lesson: The importance of faith and divine blessing in seemingly impossible circumstances.

- The Courage of the Maccabees

- Storyline: The brave resistance of the Jewish fighters against Seleucid oppressors.
- Lesson: Courage and steadfastness in the face of adversity.

- The Hidden Light

- Storyline: A righteous individual's quiet acts of kindness and faith that spark divine miracles.
- Lesson: The power of hidden righteousness and humility.

- The Faith of the Ancestors

- Storyline: Stories of ancestors who kept the flame of faith alive through hardship.
- Lesson: Generational resilience and the importance of passing down traditions.

- The Power of Unity

- Storyline: Communities coming together to reignite the lights of faith.
- Lesson: Unity and collective effort strengthen spiritual resilience.

How These Tales Can Be Used During Chanukah

Daily Storytelling Rituals

- Share a different tale each night as part of the menorah lighting ceremony.
- Use stories to teach children about the holiday's deeper meanings.

Educational Activities

- Incorporate tales into classroom lessons or family discussions.
- Encourage children to retell stories in their own words to reinforce learning.

Spiritual Reflection

- Reflect on the moral lessons of each tale during prayer or meditation.
- Use stories as inspiration for acts of kindness and charity.

Practical Tips for Sharing the 36 Candles Tales

Creating an Engaging Environment

- Use visual aids, such as illustrations or puppets.
- Incorporate traditional music or songs related to the stories.

Making Tales Relevant

- Connect stories to current events or personal experiences.
- Emphasize themes of hope, faith, and perseverance that resonate today.

Involving the Whole Family

- Encourage everyone to participate by sharing their favorite stories.
- Organize storytelling nights where family members take turns narrating tales.

Additional Resources for Chanukah Tales

Books and Collections

- Chassidic Tales for Kids by Rabbi Yitzchak Ginsburgh
- The Lights of Chanukah: Stories and Lessons by various authors
- Digital collections on Jewish educational websites

Community Events

- Local synagogue storytelling sessions
- Chassidic storytelling workshops during Chanukah

The Lasting Impact of the 36 Candles Tales

The stories of the 36 candles serve as a bridge connecting past and present, reminding us that the light of faith and hope must be kept alive through stories, actions, and community. They inspire resilience in times of darkness, reinforce the importance of faith in divine miracles, and promote unity among Jews worldwide.

By embracing these tales during Chanukah, families and communities can deepen their understanding of the holiday's spiritual significance and foster a tradition of storytelling that endures for generations.

Conclusion

The 36 candles chassidic tales for Chanukah are more than just stories—they are a spiritual legacy that illuminates the enduring power of faith, hope, and community. Through these tales, the miraculous events of Chanukah come alive, inspiring individuals of all ages to kindle their own inner lights and carry forward the timeless message of the holiday.

Whether shared around the menorah, during family gatherings, or within educational settings, these stories serve as a beacon of inspiration, reminding us that even in darkness, light prevails. Embrace these tales this Chanukah to experience the full depth of the festival's spiritual richness and to pass on the luminous traditions that have sustained the Jewish people for centuries.

36 Candles Chassidic Tales for Chanukah: A Deep Dive into Light, Faith, and Tradition

The festival of Chanukah is a time of miraculous light, historical reflection, and spiritual renewal. Central to its celebration are the candles—each one representing a spark of faith, hope, and divine intervention. Among the many ways to enhance the holiday's meaning, the 36 candles chassidic tales for Chanukah stand out as a treasured collection of stories that illuminate the depths of Chassidic thought and tradition. These tales serve as a powerful tool for inspiring both young and old, connecting us to our ancestors' struggles and triumphs, and reminding us of the eternal light

that resides within every Jew.

The Significance of Candles in Chanukah and Chassidic Thought

Candles as Symbols of Divine Light

In Jewish tradition, candles symbolize more than mere illumination—they embody the divine presence (Shechinah), spiritual elevation, and hope amidst darkness. During Chanukah, lighting the menorah is an act of rekindling this divine light, affirming faith in divine miracles and the resilience of the Jewish spirit.

Chassidic Interpretation of Light

Chassidic philosophy emphasizes that spiritual light reflects inner divine sparks within each person. The act of lighting candles during Chanukah is not only a remembrance of the miracle of the oil but also an invitation to ignite one's inner spiritual flame, illuminating one's soul and inspiring acts of kindness, learning, and faith.

The Role of Tales and Stories in Chassidic Life

Tales as Vehicles of Spiritual Teaching

Chassidic stories are more than entertainment; they are pedagogical tools that encode complex spiritual truths into memorable narratives. They serve to inspire, teach humility, perseverance, and trust in divine providence.

Why 36 Tales?

The number 36 (or "Lamed-Vav") holds mystical significance in Kabbalah and Chassidic thought, often representing the hidden, divine sparks that sustain the world. A collection of 36 chassidic tales for Chanukah symbolizes the multitude of divine sparks that each story aims to awaken within the listener, bringing light into the darkness.

Exploring the 36 Candles Chassidic Tales for Chanukah

Overview of the Collection

This collection typically features stories that span centuries, regions, and circumstances—each illustrating a different facet of faith, resilience, and divine intervention. These tales often involve tzaddikim (righteous saints), humble Jews facing adversity, and divine miracles that reveal the hidden hand of God.

Themes Commonly Found in the Tales

- Miracles and divine intervention
- Faith during times of hardship
- The power of prayer and Torah study
- The importance of unity and community
- The hidden sparks of holiness in everyday life

Sample Themes and Stories from the Collection

- The Hidden Miracle

A common motif involves a seemingly ordinary situation that suddenly reveals a divine miracle, teaching that divine providence is always at work—even when unseen.

- The Tzaddik's Blessing

Stories about righteous leaders who, through their faith and blessings, bring about miraculous events or spiritual breakthroughs for their communities.

- The Courage of a Small Flame

Tales highlighting how even a small act of faith or kindness can ignite a profound spiritual awakening, echoing the miracle of the small jar of oil.

How to Use the Tales for Personal and Community Growth

In Personal Reflection

Reading or recounting these stories during Chanukah can serve as a spiritual boost, inspiring individuals to find divine sparks within themselves and their surroundings.

In Teaching Children

Stories are especially effective when shared with children, helping them to understand abstract concepts like faith and divine intervention in an accessible way.

In Community Celebrations

Incorporating these tales into communal menorah-lighting ceremonies or educational programs fosters a shared sense of spiritual unity and tradition.

Practical Tips for Engaging with the 36 Candles Tales

- Create a Storytelling Ritual: Dedicate a specific night or candle lighting moment to recount one or more of the tales.
- Use Visual Aids: Illustrations or props can enhance engagement, especially for children.
- Encourage Discussion: After each story, invite reflections on its lessons and how they relate to personal life.
- Combine Stories with Song and Prayer: Amplify the spiritual experience by integrating melodies and prayers that complement the tales' themes.

Selected Tales and Their Lessons

Below are brief summaries of some of the most impactful stories from the collection, illustrating their themes and teachings:

The Candle in the Dark

A story of a young Jew who, despite persecution, refuses to extinguish his faith, ultimately inspiring others and rekindling hope during a dark time.

Lesson: Inner faith can ignite communal hope and resilience.

The Rabbi and the Hidden Oil

A rabbi hides a small vial of oil in a time of peril, which later becomes a symbol of divine protection and providence.

Lesson: Hidden acts of righteousness can become sources of divine blessing.

The Miracle of the Small Jar

A humble merchant's small jar of oil lasts beyond expectations, reminding us that even small acts of faith can have lasting impact.

Lesson: The power of sincere faith and devotion.

The Power of Collective Memory and Tradition

Passing Stories Through Generations

Chassidic tales are often passed orally or through written collections, preserving the collective memory of the community and reinforcing its spiritual values.

Creating a Personal or Family Tradition

Incorporating these stories into family rituals or personal study keeps the spiritual lessons alive and relevant.

Conclusion: Illuminating Our Lives with the 36 Candles Tales

The 36 candles chassidic tales for Chanukah are more than mere stories—they are luminous gems that illuminate the path of faith, resilience, and divine connection. As we light each candle during the holiday, let these tales serve as sparks that ignite our inner light, inspire acts of goodness, and deepen our understanding of the miracles that continue to unfold in our lives. By engaging with these stories, whether individually, with family, or within community, we participate in a timeless tradition that elevates our souls and brings divine light into the world.

Embrace the spirit of Chanukah by exploring these stories, and may their lessons inspire you to discover the countless sparks of holiness within yourself and the world around you.

Question What is the significance of the 36 candles in the Chassidic tales for Chanukah? The 36 candles symbolize the hidden miracles and the spiritual light that Chassidic tales aim to reveal during Chanukah, emphasizing the deep, mystical aspects of the holiday beyond the physical lights. How do the Chassidic tales in '36 Candles' deepen our understanding of Chanukah's themes? They illustrate themes of faith, miracles, and divine providence through inspiring stories that connect spiritual truths with everyday struggles, enriching our appreciation of Chanukah's deeper messages. Are there particular stories from '36 Candles' that are especially popular or impactful during Chanukah? Yes, stories highlighting miracles of faith and perseverance, such as tales of hidden miracles or spiritual victories, are especially impactful and often shared during Chanukah to inspire and uplift. How can reading '36 Candles' enhance the celebration of Chanukah for families and communities? Reading these Chassidic tales fosters a deeper connection to the holiday's spiritual dimension, encourages meaningful discussions, and inspires acts of kindness and faith within families and communities. What makes '36 Candles' a unique collection of Chassidic tales for Chanukah compared to other holiday stories? '36 Candles' uniquely combines mystical teachings with inspiring stories that reveal the inner spiritual light of Chanukah, offering a profound and soulful perspective that goes beyond the customary celebration.

Related keywords: Chassidic stories, Chanukah traditions, Jewish folklore, holiday customs, Hasidic teachings, Jewish storytelling, Hanukkah history, spiritual lessons, Jewish spirituality, menorah miracles

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